



## Class Schedule

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 Holzmarktstraße 15-18, S-Bahnbogen 52, 10179 Berlin

| Time  | Monday  | Tuesday                                      | Wednesday                                 | Thursday                            | Friday                         | Time                            | Saturday                        | Sunday                                    |
|-------|---|--|---|-------------------------------------|--------------------------------|---------------------------------|---------------------------------|---|
| 8:30  | Aerial Yoga<br>(8:30-9:30)                    |  | Aerial Yoga<br>(8:30-9:30)                | Aerial Yoga<br>(8:30-9:30)          | Aerial Yoga<br>(8:30-9:30)     | 09:30                           |                                 |   |
| 9:00  |   |  |   |                                     |                                | 10:00                           |                                 |   |
| —     |   |  |   |                                     |                                | 10:30                           |                                 | Aerial Yoga<br>(10:30-11:30)              |
| —     |   |  |   |                                     |                                | 11:00                           | Aerial Yoga<br>(11:00-12:00)    |   |
| 16:30 |   |  |   |                                     |                                | 11:30                           |                                 |   |
| 17:00 | Intro to Silks<br>(17:00-18:00)               | Intro to Hoop<br>(17:00-18:00)               | Aerial Yoga<br>(17:00-18:00)              |                                     | Aerial Yoga<br>(17:00-18:00)   | 12:00                           |                                 | Extreme<br>Stretching<br>(12:00-13:30)    |
| 17:30 |   |  |   |                                     |                                | 12:30                           | Intro to Silks<br>(12:30-13:30) |   |
| 18:00 | Intermediate<br>Aerial Silks<br>(18:00-19:30) | Beginner<br>Aerial Hoop<br>(18:00-19:30)     | Int Aerial Yoga<br>(18:00-19:00)          | Workshop<br>Series<br>(18:00-19:30) |                                | Intro to Silks<br>(18:30-19:30) | 13:00                           |   |
| 18:30 |   |  |   |                                     |                                |                                 | 13:30                           |   |
| 19:00 |   |  |   |                                     |                                |                                 | 14:00                           | Student Open<br>Training<br>(14:00-15:30) |
| 19:30 | Beginner<br>Aerial Silks<br>(19:30-21:00)     | Intermediate<br>Aerial Hoop<br>(19:30-21:00) | Beginner<br>Aerial Silks<br>(19:30-21:00) |                                     | Intro to Hoop<br>(20:00-21:00) |                                 | 14:30                           |   |
| 20:00 |   |  |   |                                     |                                |                                 | 15:00                           |   |
| 20:30 |   |  |   |                                     |                                |                                 | 15:30                           |   |
| 21:00 |   |  |   |                                     |                                | 16:00                           |                                 |   |

**Reservations are required for all classes. Please use our online booking system to reserve your place:**  
<http://flair-studios.de/booking>